

## The PTA 68<sup>th</sup> Annual General Meeting

The 68<sup>th</sup> Annual General Meeting (AGM) of the DGS Parent Teacher Association (PTA) took place on September 27<sup>th</sup> 2019 at the Auditorium. Before the start of the AGM, the DGS Symphony Orchestra and the DGJS Choir enchanted the audience with their remarkable performance and angelic voices.

### Executive Committee 2019-2020

**Supervisor:**  
Mrs Doris Ho, JP

**Headmistresses:**  
Mrs Stella Lau, SBS, JP  
Mrs Annie Lee

**Teachers:**  
Mrs K Suthiphongchai  
Mrs MY Chan

**Chairman:**  
Mrs Christine Nip

**Vice-chairmen:**  
Ms Winnie Cheung  
Mrs Conny Ching

**Hon Secretary:**  
Mrs Hynn Ming Yeh

**Hon Treasurer:**  
Mr William Lee

**Hon Auditor:**  
Mrs Joanne Ng

**Members:**  
Mrs Angela Chan  
Mrs Janice Chan  
Mrs Patty Chan  
Mrs Michelle Cheng  
Mrs Catherine Siu Doo  
Ms Catherine Lee  
Mrs Stella Ma  
Ms Phoebe Man  
Mrs Esther Ng  
Mrs Bianca Tan  
Mrs Esther Tang  
Ms Virginia Leung  
Mrs Frances Ho  
Mrs Ada Yip



The report of the PTA Chairperson, Mrs. Sherlynn Chan Wong, focused on the initiatives undertaken by the PTA in the past year. These include activities which aim to enhance partnership between the home community and the school, ranging from seminars and breakfast meetings for parents, author talks and educational outings for the Junior School girls, as well as sponsoring parent-teacher gatherings held by both the Senior School and the Junior School. Since Mrs. Wong was to step down after the AGM, she expressed a sincere gratitude to the DGS community – “It was an amazing journey!”



Mrs. Lau then extended a warm welcome to all parents and teachers. She then shared with the audience the HKDSE and the GCE-A level results of our 2019 graduating class as well as the local and overseas university programmes offered to them. Going forward, to enhance the students' critical awareness of the digital revolution, the school embarks on the theme of innovation and technology and started the school year with 5 expertise talks, ranging from artificial intelligence and medical technology to fintech and blockchain. In addition, to equip students with the resilience to cope with life challenges, the school has put in place emotional well-being support and training programme. Last but not least, the school shall announce in due course the details of the 15,000sq ft boarding facilities soon to be completed. In view of the latest social development, Mrs. Lau was pleased to report that DGS remains a secure environment for teaching and learning.



Thereafter, Mrs. Lee delivered her vote of thanks to all parents and teachers. She then gave a brief account of all the girls' achievements last year, across areas of academic, music, sports, creativity and problem solving. Understanding the importance of technology in our work and daily lives, the Junior School continued to design new STEM activities at different levels in the last academic year. In the new school year, the Junior School launches Project T which stands for Thursday, Thinking and Transformation. Through structured fun learning, Project T encourages girls to think more and focuses on developing life skills and interdisciplinary learning.

The PTA would like to thank the following PTA Exco members who retired this year: Mrs. Sherlynn Chan Wong (Chairman), Mrs. Chlorophyll So (Vice-chairman), Mrs. Wendy Wai (Hon Secretary) for their selfless dedication and support throughout the years.



## The Unspoken Heroines in the Library

Have you ever been impressed by the DGJS library? Have you ever wondered who checked out the library books that your daughter brought home? Do you know that every week, rain or shine, 40 parent helpers report to their duties in the school library to facilitate its smooth operation?



Library volunteer duty is indeed a very committed assignment. Helpers are required to attend duty once every week during the Junior School lunch hours (12:35-1:45pm). Besides providing assistance to the library teachers (Mrs. Salomon and Mr. Wong), they also have to:

- ensure the students enter the library with their library cards and have their shoes taken off
- assist the students on borrowing and returning books
- organize the bookshelves
- help the students search for books
- monitor the computers and project rooms usage
- maintain good order in the library

A big applause to these dedicated moms!



## Winter Uniform Exchange Programme

For the better use of resources, the PTA organized a used winter uniform exchange programme on October 15<sup>th</sup> and 16<sup>th</sup> 2019 for girls who have outgrown their school uniforms. We appreciate the parental support we received in this meaningful endeavor and look forward to seeing more uniforms in the summer uniform exchange programme.



# Seminars and Workshops

## Life Education Programme (LEP) Parents' Seminar - Mr. Tommy Chan

"I am worthy of love."

Every child is precious and unique. Children will thrive and become confident individuals when nurtured in an atmosphere of appreciation and encouragement.

On October 12<sup>th</sup> 2019, as part of the LEP at DGJS, Mr. Tommy Chan, author of the children's picture book "I am worthy and so are you", teachers from the LEP team and Mrs. Lee, shared with our P1 and P2 parents on the how to learn and reflect on the important values of uniqueness, respect, generosity, zest, compassion, gratitude and joy through parent-child reading activities at home. Through reading with the children, making connections between the story and real life and listening to children's ideas about the story, the School wishes that children can develop a deeper relationship with their parents.



## Win-Win Communication in the Family - Ms. Annie Ho

More than 200 parents attended the talk hosted by Ms. Annie Ho on November 7<sup>th</sup> 2019. Through real life examples and interactive sharing, Ms. Ho shared with parents the techniques of emotion-based communication. She also explored with parents practical tips on how to become children's emotional anchor for life's challenges ahead.



## Nutritional Workshop on Lunch and Snacks for Students

On October 30<sup>th</sup> 2019, about 30 parent volunteers attended a talk on Healthy Snack and Lunch, conducted by a senior nurse, Ms. Chung, from the Department of Health on EatSmart@School. This is the 13<sup>th</sup> year of DGJS' participation in this healthy-eating scheme. Our volunteers learnt from Ms. Chung on how to choose and prepare healthy snacks and lunches for our girls. Under the EatSmart@School scheme, lunchboxes provided by our supplier are low in fat, salt and sugar while maintaining their tastiness. Our teachers and PTA volunteers conduct regular surveys of the lunchboxes to ensure the maintenance of their standards.



# PTA Educational Visits

On December 9<sup>th</sup> 2019, our P4, P5 and P6 girls participated in outings to HKFYG Organic Farm, HK Science Park, Steam VR Experience and Tai Fu Tai Mansion respectively. Thanks to all the volunteering parents who planned and supervised the outings, the girls spent a wonderful day in the sun.

## P.4 HKFYG Organic Farm



## P.5 HK Science Park



## P.6 Steam VR Experience and Tai Fu Tai Mansion



## Come Join Us

This school year, we continue to have Dr Lawrence Chen to be the mentor on our parenting journey. Our breakfast meetings this year embark on the theme of "Building a Resilient Family". We look forward to seeing you at the DGS Lecture Hall.

Upcoming gatherings in January to March 2020:

January 7 <sup>th</sup> and 21 <sup>st</sup>	Journey through Hurts and Trauma
February 4 <sup>th</sup> and 28 <sup>th</sup>	Managing Negative Emotions
March 3 <sup>rd</sup> and 17 <sup>th</sup>	The Power of Optimism and Gratitude
April 7 <sup>th</sup> and 21 <sup>st</sup>	Boundaries and Self-care
May 5 <sup>th</sup> and 19 <sup>th</sup>	Resilient Family in Action